

Dinner Menu Week 4

20-26 June, 2021

	20	21	22	23	24	25	26
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Food	Chicken massaman curry & roti	Papaya salad & grilled chicken and sticky rice	Pork & chicken hot dog	3 Kinds sushi	KFC style fried chicken	Chicken tikka masala & naan bread	Baked mussels with cheese
Asian Food	Stir fried egg noodles	Deep fried chicken sausage	Stir fried beef with chili paste	Fried rice with egg	Stir fried beef with oyster sauce	Hong Kong stir fried beef	Turmeric deep fried fish
	Stir fried chicken with red sauce	Spicy pork salad	Lemon fish	Fried chicken	Minced pork & seaweed clear soup	Fried rice with egg	Green curry with beef
Vegan Food	Tofu with gravy sauce	Cauliflower & potato curry	Tofu in brown sauce	Stir fried tofu with black pepper	Stir fried protein with red curry paste	Fried eggplant dried curry	Stir fried mushroom with basil
Vegetarian Food	Cheese tomato	Butter fried zucchini	Parmesan broccoli	Cream cheese spinach	Baked cauliflower with cheese	Creamy macaroni	Potatoes au gratin
Gluten Free Food (Asian & Western)	Stir fried cauliflower	Four kind vegetables in gravy sauce	Stir fried Chinese cabbage	Stir fried kale & shitake mushroom	Stir fried broccoli	Stir fried baby corn	Stir fried garden beans
	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast	Grilled chicken breast
Pasta	Pasta & tomato sauce	Pasta with garlic & bacon	Pasta & tomato sauce	Pasta & tomato sauce	Pasta & tomato sauce	Pasta with seafood pesto sauce	Pasta & tomato sauce
Salads & Dessert	Various salads Mixed fresh fruit cut	Various salads Mixed fresh fruit cut	Various salads Mixed fresh fruit cut	Various salads Mixed fresh fruit cut	Various salads Mixed fresh fruit cut	Various salads Mixed fresh fruit cut	Various salads Mixed fresh fruit cut
Everyday items	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread	Steamed rice Potatoes Bread

Menu changed may be appropriate