

Lunch Menu Week 3

13-19 June, 2021

	13	14	15	16	17	18	19
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Food	Grilled whole chicken	Beef lasagna	Pork ribs clear soup & Phuket style noodle	Chicken bucket	Fried rice with shrimp paste & sweet pork	Pork & beef burger	Grilled pork & sticky rice
Asian food	Stir fried prawn with bell peppers	Chicken green curry	Fish with dried red curry	Pork & pineapple curry	Stir fried chicken with yellow curry paste	Chicken curry with winter melon	Braised beef & vegetables
	Fish tofu & seaweed clear soup	Stir fried pork with chili paste	Stir fried chicken with sauce	Lemongrass fish	Pork & tofu in brown sauce	Stir fried pork with salt	Stir fried noodle with fishball
Vegan Food	Tofu panang curry	Indian curry with tofu	Mixed vegetable & tofu curry	Stir fried eggplant with basil	Chana masala	Fruit curry	Tofu & mushroom tom yum soup
Gluten Free Food (Asian & Western)	Stir fried cabbage	Stir fried Chinese cabbage with egg	Stir fried morning glory	Stir fried asparagus	Stir fried cabbage with egg	Stir fried mixed vegetable	Stir fried cucumber with egg
	Pork with gravy sauce	Fish with tomato salsa	Beef stewed	Macaroni & cheese	Fish with butter sauce	Paprika seafood	Hawaiian pork
Pasta	Pasta & tomato sauce	Pasta & pesto sauce	Pasta & chicken alfredo sauce	Pasta & tomato sauce	Pasta & beef bolognese sauce	Pasta & carbonara sauce	Pasta & tomato sauce
Salad	Various salads	Various salads	Various salads	Various salads	Various salads	Various salads	Various salads
Dessert	Mixed fresh fruit cut	Bakery Mixed fresh fruit cut	Fruit juice drink Milk Mixed fresh fruit cut	Yoghurt Mixed fresh fruit cut	Thai dessert Mixed fresh fruit cut	Assorted ice cream Mixed fresh fruit cut	Mixed fresh fruit cut
Everyday Items	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes	Assorted breads Steamed rice Boiled vegetables Potatoes

Menu changed may be appropriate